

JVDR/QA/X707078  
Clinic: 8 January 2010  
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Dr CHAT Binodh  
Little Common Surgery  
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Dear Dr Binodh

**Re: Bernadett HORVATH, DOB 10/01/1996**  
**218 Cooden Sea Road, Cooden, Bexhill-On-Sea, East Sussex TN39 4TR**  
**NHS Number: 7049811866**

Diagnosis: Uncertain.

Treatment:

1. Mepilex Transfer dressings to all crusts, changed twice weekly.
2. Dermol 600 bath oil.
3. Epiderm ointment applied to clear her skin daily.
4. Dermol 200 shower gel to wash hair.
5. Cocois ointment to crusts on scalp (leave on overnight) and washed out with Polytar shampoo.

Next Appointment: Six weeks.

I was encouraged to see that further patches of our patient's skin have cleared from the thick crusts after Mepilex Transfer dressings had been applied. Those clear skin patches are then tolerant of Epiderm ointment. It seems that this is able to keep the skin clear for at least a good while.

This progress suggests that we will need to use Epiderm and Mepilex dressings more widely and regularly. Until now the family have waited a day following a bath before applying Mepilex. I have suggested that the Mepilex should be applied within half an hour after the bath to facilitate the removal of crusts and prevent the renewed formation of these crusts.

The crusts have intensified around the scalp. I have therefore recommended that here we start using Cocois ointment on a daily basis, washed out with Polytar shampoo. We can also wash the scalp with Dermol 200 shower gel.

The patient was admitted at Great Ormond Street last month where a skin biopsy was taken and blood tests were carried. Dental extractions were also done on that occasion. The result of the investigations will be reported to the family later this month and I look forward to those.

I will review Bernadett in six weeks to check on her further progress.

With best wishes,

Yours sincerely,

DICTATED  
BUT NOT SIGNED

**Dr J Von der Werth**  
**Consultant Dermatologist, Conquest Hospital**

cc: Dr J. Mellerio  
Consultant Paediatric Dermatologist  
Great Ormond Street Hospital  
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Dr M Nasar, Consultant Paediatrician, Conquest Hospital  
Bernadett Horvath