

Ref: ATF/JN/4880284B

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24 November 2009

Clinic Name: **Children's Allergy Service-STH**

Consultant: **FOX**

Clinic Date: **23 November 2009**

Dear Jemima

Re: **MISS BERNADETT HORVATH**

Hospital No: **4880284B**

Address: **218 COODEN SEA ROAD, COODEN, BEXHILL-ON-SEA, EAST SUSSEX, TN39 4TR**

Date of Birth: **10-01-1996**

NHS No: **7049811866**

Thank you for sending up this interesting girl to the clinic. She attended today with her parents and her sister. I am not going to go through the summary or background of her skin problems although mum gave me a detailed history which was very much in line with the letter you were kind enough to provide me with.

However, mum did give me significant details about her concerns relating to food allergy. Bernadette comes from a slightly atopic family with her brother suffering from asthma but there is no history of eczema or food allergy elsewhere (her mother has lactose intolerance). During infancy her mother became suspicious that milk in her diet was worsening what were the beginnings of her skin problems and led to a rash on her face.

However, she describes this as not happening until one to two days after ingestion of milk. She had some specific IgE allergy tests done which were negative although I do not have access to these and mum did say that there was one result that came back positive suggesting of milk being a problem and this was thus excluded from her diet. She does occasionally have indiscretions where she gets some chocolate which contains milk protein and the family feel that it does consistently worsen the rash within a day or so. When she was four years of age she some IgG testing done (which are not recognised as being scientifically valid indicators for any immediate or delayed reaction). These came back positive to gluten and so this was completely excluded from the diet. Later because of suspicion corn, milk, buck wheat and egg were all excluded. They also describe rather unusual reactions such as walnut leading to headaches and sugar leading to marked worsening of her wounds causing them to both increase in number and ooze. Interestingly they describe only skin symptoms and she does not have any associated respiratory or gastro intestinal problems. She has no symptoms suggestive of ongoing asthma or hay fever, nor a background of recurrent chest infections. Five months ago having avoided milk, wheat and egg for sometime, mum made some pancakes in a garage attached to the house. It was felt that there was a worsening of her lesions which was put down to exposure to gluten.

Certainly everything that Bernadette's family describes is outside of anything I have ever come across in terms of delayed type reactions to food and there was certainly nothing whatsoever

