

Great Ormond Street
Hospital for Children



NHS Trust

To: Dr CB Binodh
Little Common Surgery
82 Cooden Sea Road
Little Common
Bexhill-On-Sea
TN39 4SP

Great Ormond Street
London WC1N 3JH

Date: 28.10.2009

Tel: 020 7405 9200

Date Reviewed: 13-15.10.2009

PATIENT INFORMATION

Name: Bernadett Horvath
Address: 218 Cooden Sea Road
Cooden
Bexhill-On-Sea
East Sussex
TN39 4TR

Date of birth: 10.01.1996
Hosp No: 905078
NHS No: -

Diagnosis: Possible Epidermolysis Bullosa

SUMMARY OF DIETETIC REVIEW

Weight: 18.9kg <<<0.4th centile
Height: Not taken

Oral intake: Bernadett maintains her nutrition solely on oral intake. Her diet however is very restricted as Mum reports that Bernadett gets blisters with many foods and therefore avoids offering them. Bernadett does have a healthy appetite. She has never formally been assessed by a dietitian.

Bowels: According to mum Bernadett has no problems opening her bowels

Supplements: None

Action: I have recommended Bernadett continue on her Milk, Egg, Wheat (gluten) and Soya (MEWS) free diet. A list of foods that Bernadett eats as well as potential foods for her to eat was compiled and given to mum. It includes a range of foods from all food groups. I recommended retrying some foods that are currently avoided. Recipes and a list of MEWS free bread/pasta products were also provided.

Mum was encouraged to give Bernadett 3 meals and 2 snacks a day of high calorie foods.

Bernadett did trial Elemental 028 Extra oral supplements, but disliked them. She also trialed Paediatric Seravit but did not like this either. I have therefore recommended an over-the-counter multivitamin. She has also been prescribed iron supplements by the doctors.

Bernadett will be reviewed telephonically and during her next visit to GOSH.



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Chairman: Baroness Blackstone BSc (Soc) PhD



Yours Sincerely



Melanie Sklar
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Cc Parents
GOSH EB Team
Chris Fagan, Outreach Nurse, Conquest Hospital